

Name	Dr. Jisha P R
Designation	Head & Assistant Professor, Department of Psychology
Qualification	PhD, MPhil, SET
Email id	jishapr606@gmail.com
Area of Interest	Counselling and Therapy, Teaching, Research
PhD Topic	Psychological and Social Impact of Infertility among Married Couples
Presentations	<ol style="list-style-type: none"> 1. "Psychological Distress, Coping Strategies, and Subjective Well-Being Among Infertile Couples." XIII Annual International Congress of Trivandrum OBGYN Club, Advances 2012. 2. "Bilingualism: A Social Psychological Approach". National Seminar on Psychological Aspects of Linguistics, 2016, University of Kerala. 3. "Psychological and Social Impact of Infertility Among Married Couples." Science Week Celebrations and Open House, Organized by Internal Quality Assurance Cell, University of Kerala, 2019.
Publication in Journals	<ol style="list-style-type: none"> 1. P. R. Jisha & Immanuel Thomas. (2015). Role of Personal and Methodological Factors in Time Perception. Psychological Studies, 60(1), 84-90. ISSN 0033-2968 Doi: 10.1007/s12646-014-0279-1 2. P. R. Jisha & Immanuel Thomas. (2016). Quality of Life and Infertility: Influence of Gender, Years of Marital Life, Resilience, and Anxiety. Psychological Studies, 61(3), 159-169. ISSN 0033-2968 Doi: 10.1007/s12646-016-0358-6 3. P. R. Jisha & Immanuel Thomas. (2017). Psychological Aspects in Infertility: A Comparative Study. IOSR Journal of Humanities and Social Science (IOSR-JHSS), 22(9), 1-7. ISSN 2279-0837 Doi: 10.9790/0837-2209XXXX 4. P R Jisha (2020) Cyber Bullying in Children: A School Based Analysis. International Journal of Creative and Innovative Research in All Studies, VOL 2, ISSN 2581-5334. 5. P R Jisha (2021) The Emotional Consequences of Infertility Among Couples Seeking Treatment. Mukta Shabd Journal (MSJ) Volume X issue V. ISSN No: 2347-3150. 6. P R Jisha (2021) Impact of COVID-19 on Adolescents' Mental Health. Mukta Shabd Journal (MSJ) Volume X issue V ISSN No: 2347-3150.
Total UG Teaching Experience	8 months
Details of Teaching Experience	<ol style="list-style-type: none"> 1. Guest Faculty, Department of Counselling Psychology, Loyola College of Social Sciences, Sreekaryam, Trivandrum from 3/6/2019 to 27/8/2020. 2. Head, Assistant Professor (Department of Psychology), Yuvakshetra Institute of Management Studies, Ezhakkadu, Mundoor, Palakkad, Kerala from 2/12/2020 to 31/7/2021. 3. Head, Assistant Professor (Department of Psychology), Saraswathi College of Arts and Science, Vilappil, Trivandrum, June - Present
Total PG Teaching Experience	1 year 11 months
Papers/subjects/courses taught/teaching	Foundations of Psychology, Human Physiology, Abnormal Psychology, Clinical Psychology, Family Therapy, Educational Psychology, Psychological Processes.
Other Academic related experience	<ol style="list-style-type: none"> 1. Psychologist, KJK Hospital, Trivandrum (from 08-08-2006 to 31-10-2009) Job Profile: . Marital and Sexual Counselling. . Adolescent Counselling. . Infertility and Genetic Counselling. 2. Psychology faculty as well as Health and Wellness Trainer, Saraswathi Vidyalaya, Arappura Jn. Vattiyoorakkavu, TVM (from 1-6-2016 to 31- 3-2018)

	<ol style="list-style-type: none"> 3. Participated in webinar on “Introduction to Hypnotherapy & Neuro-Linguistic Programming (NLP) conducted by WE AVEC U and ENSOUL, ON 17/9/2020. 4. Participated in the Two Days National Webinar on Relevance of Mental Health During Covid-19 organized by the Department of Psychology, Vasanta College for Women, Varanasi in Association with Bharatiya Counselling Psychology Association. 5. Participated in Online workshop on Disaster Risk Reduction: Developing a New Curriculum for Higher Education in Kerala organized by Loyola College of Social Sciences TVM on 29/5/2020. 6. Participated in National Seminar on Obsessive Compulsive Disorder organized by Rajagiri College of Social Sciences, Kalamassery, on 8th November 2019. Participated in International Congress (OBGYN CLUB) held in Trivandrum on 15th September 2012. 7. Workshop on Class Room Management and Life Skills. On 17-5-2016 & 18-5-2016 organized by Saraswathi Vidyalaya, Trivandrum.
Achievements/Awards/Honors	Secured Third Rank (MA Psychology), University of Kerala, 2004.
Memberships or other academic duties fulfilled	Professional Affiliation - Life Member, Bharatiya Counselling Psychology Association (BCPA)